

Taco Asada

Nutrition Facts

Serving Size

Serving (109 g)

Amount Per Serving

Calories

180 Calories from fat

56

% Daily Values

Total Fat	6gm	9%
Saturated Fat	2gm	10%
Polyunsaturated Fat	0.5gm	
Monounsaturated Fat	3gm	
Cholesterol	25mg	8%
Sodium	270mg	11%
Potassium:	260mg	7%
Total Carbohydrates	19gm	6%
Dietary Fiber	2gm	6%
Sugars	2gm	
Protein	11gm	

Vitamin A:	2%	Vitamin C:	6%
Calcium:	6%	Iron:	10%
Thiamin:	15%	Riboflavin:	10%
Niacin	15%	Vitamin B-6:	10%
Folate:	42%	Vitamin B-12:	25%
Phosphorus:	15%	Zinc:	15%

Ingredients:

Beef Skirt Steak, Flour Tortilla 6", Fresh Yellow Onions, Fire-roasted Salsa (Fresh Plum Tomatoes, Cored, Halved, Seeded, Fresh Yellow Onions, Diced, Natural Peeled Garlic Cloves, Olive Oil, Chipotle Puree, Red Wine Vinegar, Fresh Cilantro, Packed, Salt, Granulated Sugar)

Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbs		300g	375g
Dietary Fiber		25g	31g

Disclaimer

The nutritional information listed on our website is provided solely for the purpose of giving you as much information as possible regarding the nutritional information of this item. While we have taken extreme care in compiling the information, the basic food item data comes from the USDA as well as various manufacturers, and therefore the information is approximate and may vary based on individual preparation and or serving. If you are following a strict diet for medical or dietary reason, it is important to contact your physician.