

# Green cactus Burrito Beef

## Nutrition Facts

Serving Size

Serving (369 g)

Amount Per Serving

Calories 700 Calories from fat 323

% Daily Values

<b>Total Fat</b>	36gm	55%
Saturated Fat	15gm	77%
Polyunsaturated Fat	3gm	
Monounsaturated Fat	15gm	
<b>Cholesterol</b>	85mg	28%
<b>Sodium</b>	950mg	40%
<b>Potassium:</b>	830mg	24%
<b>Total Carbohydrates</b>	61gm	20%
Dietary Fiber	8gm	32%
Sugars	5gm	
<b>Protein</b>	36gm	

<b>Vitamin A:</b>	25%	<b>Vitamin C:</b>	50%
<b>Calcium:</b>	60%	<b>Iron:</b>	30%
<b>Thiamin:</b>	45%	<b>Riboflavin:</b>	40%
<b>Niacin</b>	35%	<b>Vitamin B-6:</b>	25%
<b>Folate:</b>	162%	<b>Vitamin B-12:</b>	45%
<b>Phosphorus:</b>	50%	<b>Zinc:</b>	35%

### Ingredients:

Flour Tortilla 12", Beef Skirt Steak, Fresh Lime, Fresh Avocados, Fresh Roma Tomato, Shrd Monterey Jack Cheese, Fresh Cilantro

Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbs		300g	375g
Dietary Fiber		25g	31g

### Disclaimer

The nutritional information listed on our webste is provided soley for the purpose of giving you as much information as possible regarding the nutritional information of this item. While we have taken extreme care in compiling the information, the basic food item data comes from the USDA as well as various manufactures, andtherefore the information is aproximate and may vary based on individual preperation and or serving.If you are followinf a strict diet for medical or dietary reason, it is important to contact your physcian.