

Burrito Grande Beef

Nutrition Facts

Serving Size Serving(429 g)
 Amount Per Serving

Calories 656 Calories from fat 132

		% Daily Values
Total Fat	15gm	23%
Saturated Fat	4gm	20%
Polyunsaturated Fat	2gm	
Monounsaturated Fat	7gm	
Cholesterol	35gm	11%
Sodium	810mg	34%
Potassium:	980mg	28%
Total Carbohydrates	99gm	33%
Dietary Fiber	10gm	39%
Sugars	6gm	
Protein	31gm	

Vitamin A:	8%	Vitamin C:	15%
Calcium:	20%	Iron:	50%
Thiamin:	70%	Riboflavin:	25%
Niacin	40%	Vitamin B-6:	30%
Folate:	262%	Vitamin B-12:	35%
Phosphorus:	45%	Zinc:	30%

Ingredients:

Flour tortilla 12", Cooked Black Beans, Beef Skirt Steak, Parboiled Rice, Cooked, Fire-roasted Salsa (Fresh Plum Tomatoes, Cored, Halved, Seeded, Fresh Yellow Onions, Diced, Natural Peeled Garlic Cloves, Olive Oil, Chipotle Puree, Red Wine Vinegar, Fresh Cilantro, Packed, Salt, Granulated Sugar), Fresh Yellow Onions

Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375g
Sodium	Less Than	2400mg	3000g
Total Carbs		300g	375g
Dietary Fiber		25g	31g

Disclaimer

The nutritional information listed on our website is provided solely for the purpose of giving you as much information as

possible regarding the nutritional information of this item. While we have taken extreme care in compiling the information, the basic food item data comes from the USDA as well as various manufactures, and therefore the information is approximate and may vary based on individual preparation and or serving. If you are following a strict diet for medical or dietary reason, it is important to contact your physician.