

Shrimp Burrito

Nutrition Facts

Serving Size	Serving (505 g)	
Amount Per Serving		
Calories	960 Calories from fat	410
		% Daily Values
Total Fat	46gm	70%
Saturated Fat	20gm	102%
Polyunsaturated Fat	4gm	
Monounsaturated Fat	18gm	
Cholesterol	275mg	92%
Sodium	1390mg	58%
Potassium:	890mg	25%
Total Carbohydrates	83gm	28%
Dietary Fiber	9gm	37%
Sugars	6gm	
Protein	54gm	

Vitamin A:	25%	Vitamin C:	25%
Calcium:	80%	Iron:	50%
Thiamin:	50%	Riboflavin:	45%
Niacin	45%	Vitamin B-6:	30%
Folate:	252%	Vitamin B-12:	35%
Phosphorus:	80%	Zinc:	35%

Ingredients:

Raw Shrimp, Flour Tortilla 12", Fresh Avocados, Parboiled Rice, Cooked, Yellow Onions, Shrd Monterey Jack Cheese, Fire-roasted Salsa (Fresh Plum Tomatoes, Cored, Halved, Seeded, Fresh Yellow Onions, Diced, Natural Peeled Garlic Cloves, Olive Oil, Chipotle Puree, Red Wine Vinegar, Fresh Cilantro, Packed, Salt, Granulated Sugar), Shredded Cheddar Cheese

Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbs		300g	375g
Dietary Fiber		25g	31g

Disclaimer

The nutritional information listed on our webste is provided soley for the purpose of giving you as much information as possible regarding the nutritional information of this item. While we have taken extreme care in compiling the information, the basic food item data comes from the USDA as well as various manufactures, andtherfore the information is aproximate and may vary based on individual preperation and or serving.If you are followinf a strict diet for medical or dietary reason, it is important to contact your physcian.