

# Burrito Grande Chicken

## Nutrition Facts

Serving Size Serving (450 g)  
 Amount Per Serving

Calories 691 Calories from fat 113

		% Daily Values
<b>Total Fat</b>	13gm	19%
Saturated Fat	3gm	15%
Polyunsaturated Fat	2.5gm	
Monounsaturated Fat	6gm	
<b>Cholesterol</b>	70mg	23%
<b>Sodium</b>	830mg	35%
<b>Potassium:</b>	960mg	28%
<b>Total Carbohydrates</b>	99gm	33%
Dietary Fiber	10gm	39%
Sugars	6gm	
<b>Protein</b>	43gm	

<b>Vitamin A:</b>	10%	<b>Vitamin C:</b>	15%
<b>Calcium:</b>	20%	<b>Iron:</b>	45%
<b>Thiamin:</b>	70%	<b>Riboflavin:</b>	25%
<b>Niacin</b>	90%	<b>Vitamin B-6:</b>	45%
<b>Folate:</b>	261%	<b>Vitamin B-12:</b>	4%
<b>Phosphorus:</b>	50%	<b>Zinc:</b>	15%

### Ingredients:

Flour Tortilla 12", Cooked Black Beans, Chicken Brst Tenders Unbrd Raw, Parboiled Rice, Cooked, Fire-roasted Salsa (Fresh Plum Tomatoes, Cored, Halved, Seeded, Fresh Yellow Onions, Diced, Natural Peeled Garlic Cloves, Olive Oil, Chipotle Puree, Red Wine Vinegar, Fresh Cilantro, Packed, Salt, Granulated Sugar), Fresh Yellow Onions

Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbs		300g	375g
Dietary Fiber		25g	31g

### Disclaimer

The nutritional information listed on our webste is provided solely for the purpose of giving you as much information as possible regarding the nutritional information of this item. While we have taken extreme care in compiling the information, the basic food item data comes from the USDA as well as various manufacturers, and therefore the information is approximate and may vary based on individual preparation and or serving. If you are following a strict diet for medical or dietary reason, it is important to contact your physician.